

PET LOSS SUPPORT GROUP



Losing a beloved pet can feel just as painful as losing a family member, sometimes even more so when there are limited avenues for sharing your grief



We can offer you a supportive and safe space as you work through your grief

One-hour support sessions run weekly, facilitated by Lay Kian our registered counsellor who is trained in trauma and grief and has personal experience of losing a cherished pet. Learn how to understand the process of grief as you choose how much or how little you want to share.

Every Saturday 2 - 3 pm

\$80 per session, \$200 for 4 sessions

20% of proceeds will be donated to animal charities



SIGN UP BY THURSDAY EACH WEEK TO ATTEND SATURDAY'S SESSION

PLEASE CONTACT:

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