

EXPANDING YOUR CHILD'S EMOTIONAL INTELLIGENCE

Come join us on Monday 13th March!

Reconnect Psychology & Family Therapy

- ✔ Group for children ages 6-10 years old
- ✔ Your child will have fun learning how to recognise and manage their emotions



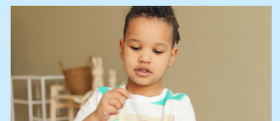
Date: Monday 13th March

Time: 9:30am – 12noon

Venue: Reconnect Psychology & Family Therapy
Orchard Shopping Centre #08-06

Facilitator: Lay Kian
Certified Choice Theory Reality Therapist

Cost: \$250 per child



Objectives:

- To learn about their own emotional responses
- To expand on their emotional vocabulary
- To cope with frustration and uncomfortable feelings
- To learn how to identify the intensity of their emotional responses
- To learn social skills such as listening, concentrating and seeking help
- To practice problem solving, and cooperation in a group
- To increase their self-esteem

Register by WhatsApp on +65 86990568
or scan the QR code to get it touch

